

PROCLAMATION

WHEREAS, over 160 Fleet Feet Sports locations are coming together on June 1 to showcase the benefits, enjoyment, and passion that results from regular running routines in a massive, coordinated group run that spans 38 states and the District of Columbia; and

WHEREAS, the American Heart Association states that physical activity boosts mental and physical wellness, and recommends at least 150-minutes of moderate activity each week; and

WHEREAS, numerous studies have proven the continued physical and mental benefits of incorporating running into an overall health and wellness routine; and

WHEREAS, Global Running Day, an initiative that since 2009 has encouraged communities and runners to celebrate and participate in the sport of running on the first Wednesday of June every year; and

WHEREAS, for 40 years, Fleet Feet Sports has been the largest franchisor of locally owned-and-operated running stores that build and support thriving local running communities; and

WHEREAS, the City of Appleton continues to be at the forefront of promoting and supporting an active and healthy lifestyle for its members and is committed to creating free, accessible initiatives that foster community goodwill and pride; and

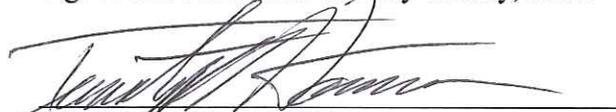
WHEREAS, the “All4Run” group run provides the unique opportunity for the City of Appleton to connect to the other active communities of walkers and runners across the country and showcase the breadth and influence of running communities across the country;

NOW, THEREFORE, BE IT RESOLVED, THAT I, TIMOTHY M. HANNA, Mayor of the City of Appleton, Wisconsin, do hereby proclaim June 1, 2016 as

All4Run Day

in Appleton and urge members of the community to participate in a united group run, and encourage everyone to consider the benefits of incorporating running into a daily health and wellness routine this day and every day.

Signed and sealed this 16th day of May, 2016.


TIMOTHY M. HANNA
MAYOR OF APPLETON

