



Congratulations on getting started in this program!

Already have a wearable device?

If you already own a Fitbit, Garmin, or Apple Watch device you are ready to begin. Activate your myInertia account today!

- Go to myinertia.motionconnected.com
- Click “Activate Account” at the bottom of the page
- Use the following Activation Code: **452-1230E-2CA**
- Fill out the remaining information & click “Submit”

For more detailed information [click here](#)

Need to purchase a wearable device? Well, we’ve got you covered!

To help get you started, the City of Appleton is offering you access to an online store to purchase discounted Fitbit and Garmin devices called The Wellness Outlet (Apple Watch devices are not available through this website). Simply follow the steps below to login and purchase your device! The City of Appleton will be offering a one-time \$15 discount* on a single device purchased through The Wellness Outlet by City of Appleton employees (spouses not eligible for the \$15 additional discount). You can also purchase additional devices from this website.

- Go to www.thewellnessoutlet.com
- Click on “Create Account”
- Use the group code: **452-1230E-2CA**
- Login to your account to access discounted devices

For more detailed information [click here](#)

Need more help through the enrollment process?

An enrollment video has been created to give you more detailed steps on the enrollment process:

<https://motionconnected.wistia.com/medias/he54i12df6>.

You can also contact support@motionconnected.com or your HealthSmart Team at Jamie.griesbach@appleton.org with any questions or concerns.

Who has access to my information?

You will know upfront what information you are sharing with the myInertia site. **YOU** are in control of your personal settings and can make changes at any point. Information shared will only be used to track results related to the fitness challenges offered by the City.

**While the online store has a number of great wearables, we encourage employees and spouses to shop around to find the best value to fit their needs. The \$15 discount is only available to employees for online purchases through The Wellness Outlet. As long as the wearable is a Fitbit, Garmin, or an Apple Watch brand, it can be purchased from anywhere you choose and used for this program.*